

Exminster Community Primary School - September 2024

Fun Day Monday					
Tuesday Trattoria					
Can't Wait till Sunday					
Catch of the Day					
Family Favourites Friday					
Dates week commencing - 1 Sept, 22 Sept and 13 Oct					
Meat/Fish	Cheese and Ham Wholemeal Pizza	Breaded Chicken Tenders with Pasta in a Tomato Sauce	Roast Gammon with Roast Potatoes	Fish Goujons with Chips	Cottage Pie with Crispy Cheesy Topping
Vegetarian	Cheese and Tomato Wholemeal Pizza (v)	Vegetarian Fajitas / Burritos (v)	Cauliflower Cheese (v)	Quorn Dippers with Chips (v)	Meatless Meatballs with Pasta in a Tomato Ragu (v)
Additional Options	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese
	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
Vegetables	Sweetcorn / Garden Peas	Green Beans / Broccoli	Carrots / Broccoli	Garden Peas / Sweetcorn	Cauliflower / Green Beans
Dessert of the day	Seasonal Fruit Crumble with Custard (optional)	Seasonal Fruit Infused Flapjack	Chocolate Rice Krispie Cake	Oat and Raisin Cookie	Lemon Drizzle Cake
Dates week commencing - 8 Sept, 29 Sept, and 20 Oct					
Meat/Fish	Homemade Sausage Roll	Pasta Bolognese (Beef)	Roast Chicken with Roast Potatoes	Breaded / Battered Fish with Chips	Chilli Con Carne with Rice
Vegetarian	Veggi Dog (v)	Vegetable Lasagne (v)	Vegetable Stir Fry (v)	Quorn Sausage with Chips (v)	Vegetarian Quiche (v)
Additional Options	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese
	Jacket Potato with Beans	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Tuna
Vegetables	Sweetcorn / Baked Beans	Garden Peas / Broccoli	Green Beans / Carrots	Garden Peas / Sweetcorn	Cauliflower / Green Beans
Dessert of the day	Vanilla Infused Seasonal Berry Cake	Apple and Sultana Biscuit	Cheese and Biscuits	Chocolate Chip Wholemeal Cookie	Chocolate and Orange Infused Cake
Dates week commencing - 15 Sept and 6 Oct					
Meat/Fish	Ground Beef Burger in a Bap	Beef Meatballs with Pasta in a Tomato Sauce	Roast Pork and Roast Potatoes	Fish Cake and Chips	Mild Chicken Curry with Rice
Vegetarian	Vegetable Curry with Rice (v)	Cheesy Wheel (v)	Vegetarian Sausage Casserole (v)	Vegetarian Burger with Chips (v)	Vegetarian Bolognese in a Tomato Ragu (v)
Additional Options	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Cheese
	Jacket Potato with Beans	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
Vegetables	Garden Peas / Sweetcorn	Broccoli / Green Beans	Cauliflower / Carrots	Garden Peas / Baked Beans	Sweetcorn / Cauliflower
Dessert of the day	Raspberry and Oatmeal Cookie Slice	Chocolate and Beetroot Cake	Seasonal Fruit Flavoured Cookie	Fruit Infused Shortbread Slice	Apple Pie with Custard (optional)

Available each day - Freshly Prepared Salad items, Drinking Water , Fresh Fruit and Yoghurt available as a pudding alternative.